

Elementary April Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings


*Fruits may include:
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
1 NO SCHOOL	2 Popcorn Chicken Bowl w/ Bread (54) Mashed Potatoes (18) Steamed Seasoned Corn (21) Applesauce Cups (14) Non Fat Milk	3 Cinnamon French Toast Sticks w/Two Sausage Patties (40) Tater Tots (14) Diced Pears (14) Non Fat Milk	4 Pepperoni Pinwheel (49) Steamed Green Beans (3) Petite Banana (29) Mixed Pepper Slices (3) Non Fat Milk	5 Walking Tacos (42) Black Beans & Corn (19) Blueberries (10) Apple Sauce Cup (14) Non Fat Milk	Nacho Cheese Munchable Crispy Chicken Salad Wow Butter & Jelly Sandwich
8 ** Early Dismissal** Cheeseburger or Hamburger Bagged Apples Bagged Carrots 100% Fruit Juice Non Fat Milk	9 Chicken Gravy Over Biscuit (33) Steamed Carrots (7) Mandarin Oranges (14) Cucumber Slices (3) Non Fat Milk	10 Meatball Hoagie (43) Steamed Broccoli (3) Sliced Apples (13) Petite Banana (29) Non Fat Milk	11 Italian Hoagie (37) Steamed Green Beans (5) Cauliflower (29) Diced Pears (14) Non Fat Milk	12 Grilled Cheese w/Tomato Soup (57) Cherry Star Vegetable Juice (13) Applesauce (14) Non Fat Milk	BYO Pizza Munchable Turkey & Cheese Sandwich Garden Salad w/Cheese & Egg Wow Butter & Jelly Sandwich
15 Turkey & Cheese Pretzel Melt (32) Steamed Peas (12) Fresh Strawberries (33) Sliced Apples (12) Non Fat Milk	16 Chicken Broccoli Alfredo (49) Seasoned Corn (21) Mixed Pepper Slices (3) Mandarin Oranges (19) Non Fat Milk	17 Popcorn Chicken Bowl w/ Bread (54) Mashed Potatoes (18) Cucumber Slices (3) Petite Banana (29) Non Fat Milk	18 Fluffy Pancakes w/ 2 Sausage Patties (34) Tater Tots (14) Diced Pears (14) Non Fat Milk	19 Boneless Wings w/Garlic Toast (30) Steamed Broccoli (3) Cherry Star Vegetable Juice (13) Non Fat Milk	Fruit & Yogurt Parfait Turkey & Cheese Sandwich Wow Butter & Jelly Sandwich
22 Grilled 3 Cheese Panini (37) Steamed Green Beans (5) Ranch Roasted Chick Peas (16) Strawberries & Cream (48) Non Fat Milk	23 Crispy Chicken Tenders (30) French Fries (14) Steamed Carrots (7) Diced Pears (14) Non Fat Milk	24 Hot Turkey Sandwich w/ Gravy (40) Mashed Potatoes (18) Baby Carrots (12) Apple Juice (14) Non Fat Milk	25 Fish Sticks w/ Garlic Toast (39) Baby Carrots (12) Mixed Pepper Slices (3) Sliced Apples (12) Non Fat Milk	26 Mac & Cheese w/ Soft Pretzels (48) Steamed Green Beans (5) Cucumbers (3) Mandarin Oranges	BYO Pizza Munchable Crispy Chicken Salad Wow Butter & Jelly Sandwich
29 Beef Nachos w/Cheese & Bread (34) Black Beans & Seasoned Corn (19) Baby Carrots (12) Non Fat Milk	30 BBQ Pulled Pork Flatbread (49) Baby Carrots (12) Whole Apple (22) Non Fat Milk				Nacho Cheese Munchable Crispy Chicken Salad Wow Butter & Jelly Sandwich
Monday Chicken Nuggets with Bread	Tuesday Corn Dog Nuggets	Wednesday Crispy Chicken Sandwich	Thursday Hamburger or Cheeseburger	Friday Pepperoni Pizza	 Whole Grains Available Daily

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